

23<sup>rd</sup> July "83

To Whom it may concern,

This letter is to share with you my view and my feelings about the person of Bhagwan Shree Pragnesh and what has meant to me to meet him.

In 1976 in Italy I was studying Psychology at the University of Rome and after the first year I somehow felt that it was not really helping me to discover who I really was as psychology as it is normally only deals with the outer layers and our conditionings of ideologies, cultures, education religion etc.

That brought me to stop my studies and look for something else.

When I personally met him in Pune the first time I did experience a part of myself that was totally new to me, a silent one, quiet which reminds me of this words "like the stillness of a lake" or "the silence of the mountains" and then I knew I found someone who could really guide me to discover who I really was and help understand how the mind works and influences us every moment and how deeper and more beautiful is the psychology of the heart, whose

understanding is so much broader than the mind.  
Bhagwan's books, tapes, videos, discourses and personal messages have been since then taking me closer and closer to my Self, He shows us how we create all our daily problems and miseries so we can recognise it more easily when we are doing it or when someone else is.

Having met Bhagwan has effected immensely my life and my work as a physiotherapist. I attended to some beautiful body-work courses at the Rajneesh Meditation University in Pune, where I learnt many different approaches to the human body on many different levels: structural, muscles, tissue and energy currents in the body.

I have been back to Rajneeshpuram 3 times in the past year during Festivals and participated in the activities at the ranch, and felt immensely enriched each time.

The way He communicates to us now is through silence and my experience of it is that words talk to mind but silence talk directly to our hearts and I discover through Him how much human beings can be graceful and lovingly and so much beauty is hidden in everyone.

Rajneeshpuram has become such a Buddhafield through this presence here, that's how so many people from different nations, religions, races can live and work together in harmony as a real community should be.

This presence here is very basic to us and to everyone who comes here as a living example of our potential, our beings.

When he just drives by every day I can taste this silence and this love and it's like he is reminding me that that is what I really am too, we all are but we just keep forgetting it so he needs to keep reminding us until we get it!

This presence here is certainly invaluable to all of us and to everyone who has not yet had the chance to meet him

Sincerely yours

me Prem Sangita

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