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To whom it may concern.

As a psychotherapist and supervisor I am mainly concerned with therapies of psychoses. Within this complicated field resources of many kinds are needed. In this connection I want to mention: relevant philosophical insights, a feeling for existential problems and positions, and an ability to sort out healthy and integrative spiritual experiences and strivings from dynamically driven caricatures. However, in order to acquire this kind of insights and train the abilities in question you must have guides that can be trusted.

When I for the first time read a book by Bhagwan Shree Rajneesh, six years ago, it struck me that here was something exceptional, a writer with a professional philosophical background who combined deep insights into the contemporary schools of psychotherapy with a first-hand knowledge of the religious and spiritual field. Through a journey to Shree Rajneesh Ashram, Poona, India, during December 1979 I could see for myself what profound effects this outstanding spiritual leader had on his followers, but also that psychotherapists from all over the world profited from the teachings and guidance given by Bhagwan Shree Rajneesh.



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